

CATARACT PRE-OPERATIVE INSTRUCTIONS

SURGERY DATE: _____


SURGICAL EYE ONLY: RIGHT LEFT



PLEASE USE ARTIFICIAL TEARS 3 TIMES DAILY BEGINNING:

START IMMEDIATELY **2 WEEKS PRIOR TO SURGERY**

- **Start this medication 3 days prior to surgery and use the morning of surgery.**
- **YOU WILL NEED TO USE DROPS FOR 6 WEEKS FOLLOWING SURGERY. AN INSTRUCTION SHEET WILL BE GIVEN TO YOU THE DAY OF YOUR SURGERY.**
- **MEDICATION: Shake bottle before using.**

Start drops:	Day 1	Day 2	Day 3	Morning of Surgery
 <p>PRED-GATI-BROM 1 drop DAILY for 3 days before and one drop the morning of sx</p>	○	○	○	○

- **If you are diabetic, do not take your insulin the evening before or the morning of surgery. Bring your insulin with you the day of surgery. Do Not take your oral diabetic medication the morning of surgery.**
- **Medications can be taken the morning of surgery as needed with a SIP of water. Please take any blood pressure medication.**
- Nothing to eat or drink for at least 6 hours prior to surgery admit time. If you have an afternoon arrival time (noon or after), you may eat a light breakfast 6 hours prior. Please avoid any dairy products.
- Take a bath and shampoo your hair the day before or morning of your surgery. You may brush your teeth the morning of surgery.
- Please do not wear any make-up on the day of surgery. No eye makeup should be worn for 10 days following surgery.
- Please do not wear jewelry (earrings, necklaces, etc.) or your watch on the day of surgery. No cell phones will be allowed in the surgical area.
- For your safety, please do not wear clogs, flip-flops or sandals on the day of surgery.
- Please arrange for a responsible adult to drive you to the center and be available to drive you home. Family members or visitors will be welcomed to wait in the center's reception area. One family member or visitor is asked to remain at the center during your stay, if possible.
- **Please bring your surgery kit with your eye drops ON THE DAY OF SURGERY.**

If you need to contact the pharmacy about the prescription drop you will purchase, please call **Imprimis (844-446-6979)**. Shipping takes approximately 5 days.

Please call the Cataract and Lasik Center of Utah at **(801)224-6767** if you develop a fever, rash, or cold, or if for any reason you cannot come on the scheduled date.