

ICL Surgery

PRE-OPERATIVE INSTRUCTIONS

SURGERY DATE: _____

ICL Surgery - What to Expect

When you are having difficulty seeing, it can make life just that much more complicated and frustrating. Eye care is our specialty. We understand your fears and your frustrations. The Cataract and LASIK Center of Utah is committed to providing comprehensive eye care without sacrificing the comforts of our patients. In an attempt to alleviate your anxiety, we have prepared this brief description of what to expect the day of your surgery.

Before Surgery

- Nothing to eat or drink after midnight.
- Prescribed medication should be taken as usual. Diabetic patients need to take their pills.
- Dress comfortably. (Preferred button front shirt and sleeves that can roll up)
- Do not wear any make-up.
- You will receive a phone call the day before your surgery for your arrival time.
- Please arrange for a responsible adult to drive you to the center and be available to drive you home. If you do not have a driver, your surgery will be canceled.
- You should plan on spending approximately 3-5 hours at the Cataract and LASIK Center of Utah on the day of surgery.

After Arriving

- The surgical procedure usually lasts about 40 minutes. A mild sedative or IV sedation will be given to help you relax. You may request no sedation.
- A topical anesthetic medication will be administered so you will feel no discomfort during the surgical procedure.
- Your head will rest comfortably on a contoured pillow, so there is no need to be concerned about moving your head during the procedure.
- A clear plastic drape will be placed over your forehead and cheek. Oxygen is flowing under the drape so there is no difficulty breathing
- Following surgery, you will rejoin your family.
- A trained patient educator will instruct you in what you can and cannot do following the surgery. It is advisable for you to have a member of your family or a friend sit in during the instruction session with your patient educator.
- You will need to return to the Cataract and LASIK Center of Utah the day following surgery.
- We do televise the surgery in a special waiting area for families to watch the surgery.

If you have any questions or problems, please feel free to call us at (801)224-6767 or toll free at (888)600-6767.