

Cataract and Lasik Center of Utah
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Pre-Operative Instructions for iLASIK and PRK

Important Information About Your Surgery

Our staff is dedicated to providing the highest quality of individualized care to each of our patients. Our patient-focused approach is intended to promote your long term health and well-being. We want to make your upcoming visit as pleasant and comfortable as possible. To make your surgery a successful experience, please read and follow the information carefully.

When is my Surgery appointment?

Day: **Begin Lid Scrubs**_____

Date:

Check in Time:

Please plan to arrive at your scheduled time as noted above. Expect to be at the LASIK Center for approximately one and a half to two hours.

Preparing for my Surgery- Before your surgery date, our Laser Surgery Counselor will call to confirm your surgery time and discuss your instructions with you.

*Beginning 72 hours prior to surgery, you will need to start lid scrubs. Using Ocusoft lid cleanser, gently scrub your eyelids and eyelashes with eyelids closed, then rinse with water. Do this morning and night for 3 days. If you do not have Ocusoft lid scrubs available, you may scrub the eyelids and eyelashes with a clean, sudsy wash cloth using a no-tears shampoo. Rinse with clean water. This reduces oily secretions and infection risk.

*Please have your antibiotic prescription filled prior to surgery. You will use this following your procedure to reduce the risk of infection. Also, purchase artificial tears to facilitate healing and comfort.

*Wear loose, comfortable, "non-fuzzy" clothing the day of the procedure. (It is cool in the surgical suite).

*Remove all makeup the day of the procedure. Throw away mascara and buy another one for after your laser treatment. This will reduce the risk of infection.

*Do not wear perfume, cologne, aftershave or other fragrant products (odors may cause interference with the laser). Your surgery could be rescheduled if any scents are detected.

*You may eat and drink prior to your procedure. Please avoid alcohol and caffeine.

*You will be given medication to help you relax so it is imperative that you make arrangements for a friend or family member to drive you home following your procedure.

Day of Surgery- Arrive Promptly at the scheduled time.

*You will be greeted at the front desk and asked to complete any additional paperwork.

*You will meet with our Laser Vision Counselor who will collect payment at this time. Please bring cash, check, credit card or certified funds with you, or have financing arrangements approved in advance.

*Post-operative instructions will be explained.

*You may watch the live laser treatment in our viewing area if you wish. If you have any questions, be sure to ask.

*Pertinent scans and examinations will be performed as necessary.

*In preparation for entering the surgical suite, our Patient Coordinator will assist you by providing cap and shoe covers to maintain a sterile environment. You will be offered a mild sedative (Valium) and pre-operative drops will be administered to anesthetize your eye(s).

*You will then be taken into the surgical suite for your procedure.

*Following the procedure you will be scheduled for a post-operative examination within one day.

Your subsequent visits will be scheduled at that time.

CONGRATULATIONS! If you have any questions, please feel free to call our office at any time.